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Coaching Services and Fees

One-on-One "Create Your Own Adventure" Coaching Sessions- \$600/person

Six- or Twelve-Week program (Client's choice if they want to work on each principle for one or two weeks). Session includes:

- One weekly accountability call or meetup
- Unlimited texts and emails
- A weekly focus with "homework"
- A list of recommended reading
- A client "Thank You" gift
- Optional end-of-session follow-up accountability coaching calls \$30/hour

Corporate/Group Coaching Sessions (minimum of three participants)- \$500/person

Six- or Twelve-Week program (Depending how quickly client wants to move through each principle). Session includes:

- A one-hour group training for each of the six principles, in person
- A private Facebook group for participants to offer support and interaction
- A weekly/bi-weekly focus with "homework"
- One thirty-minute weekly/bi-weekly accountability call with each participant
- A list of recommended reading
- A client "Thank You" gift for each participant
- Optional end-of-session follow-up accountability coaching calls \$30/hour per person