

Stacy Bernal is a writer, speaker, personal development coach and instructor for the Utah Division of Real Estate at See Stacy Speak LLC. She graduated Summa Cum Laude from Weber State University with a BA in Public Relations and Advertising, and was named the 2013 Outstanding Graduate for her major. She proudly serves on the WSU Alumni Association Board of Directors, the Utah State Women's Council of Realtors, and her local chamber's Women in Business Executive Board.

Stacy has been published on Chicago Now, Scary Mommy, Autism Parenting Magazine, and HER Magazine. She's pretty sure there's a future book (or two) in her as well. Stacy feels passionate about working with organizations that want to cultivate the inner badassery of their team members so that they feel empowered to share their voices and ideas, and create lasting change in themselves, their companies, and their communities. From years of bartending to making her way to the boardroom, she feels passionate and purposeful about sharing her message of triumph, inspiration, and empowerment.

Stacy lives happily with her family and fur babies near the mountains, where she enjoys all the amazing outdoor recreation Ogden, UT has to offer like running marathons, triathlons, relay races, and an ultra-marathon. When she's not engaged in any of the aforementioned shenanigans, she can be found on her back porch with a book and a mug of coffee or a glass of red wine, depending on the time of day you find her.