

Stacy Bernal is a writer, speaker and personal development coach at See Stacy Speak LLC. She is also a continuing education instructor for the Utah Division of Real Estate. She graduated Summa Cum Laude from Weber State University with a BA in Public Relations and Advertising and was named the 2013 Outstanding Graduate for her major. She proudly serves on the WSU Alumni Association Board of Directors, the Utah State Women's Council of Realtors, and the Ogden/Weber Chamber's Women in Business Executive Board.

Stacy has been featured on Thrive Global, Chicago Now, Scary Mommy, Autism Parenting Magazine, and HER Magazine. She's currently finishing her first book, *The Things We Don't Talk About*. From once-a-bartender to now-a-board-member, she feels purposeful about sharing her message of triumph, inspiration, and empowerment. She is the creator of Awesome Autistic Ogden, an autism awareness event turned community resource, as well as a 501(c)(3) nonprofit, Bernal Badassery Foundation. She believes everyone has an Inner Badass and sometimes they need a little help seeing it.

Stacy lives happily with her family and fur babies near the mountains, where she enjoys all the amazing outdoor recreation Ogden, UT has to offer like running marathons, triathlons, relay races, and an ultra-marathon. She loves to travel and looks forward to trying wine from all parts of the world.