

# Stacy Bernal

Speaker, Author, Disruptor



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# ABOUT ME

I am a speaker, author, and personal development coach at See Stacy Speak LLC. I graduated Summa Cum Laude from Weber State University with a BA in Public Relations and Advertising and was named the 2013 Outstanding Graduate for my major. I proudly serve on the WSU Alumni Association Board of Directors, the Utah State Women's Council of Realtors, and the Ogden/Weber Chamber's Women in Business Executive Board.

I have been featured on IdeaMensch, Thrive Global, Chicago Now, Scary Mommy, Autism Parenting Magazine, and HER Magazine. I recently published my first book, *The Things We Don't Talk About: A Memoir of Hardships, Healing, and Hope*. From once-a-bartender to now-a-board-member, I feel purposeful about sharing my message of triumph, inspiration, and empowerment. I am the creator of Awesome Autistic Ogden, an autism awareness event turned community resource, as well as a 501(c)(3) nonprofit, Bernal Badassery Foundation.

I live happily with my family and fur babies near the mountains, where I enjoy all the amazing outdoor recreation Ogden, UT has to offer like running marathons, triathlons, relay races, and an ultra-marathon. I love to travel, and I look forward to many great adventures all over the world.



# SPEAKER TOPICS

## Expert Topics:

- Failure to Finisher: Finding Your Inner Badass
- Inspirational Leadership: YOUR Place at “The Table”
- The Six Cs to Success
- Service is the New Sales

# ACCOLADES & ACHIEVEMENTS

- US Chapter Founding Member of the global organization Women KeyNote Speakers
- Founder of Awesome Autistic Ogden and the Bernal Badassery Foundation
- Nationally acclaimed speaker
- Author of *The Things We Don't Talk About*
- Contributing writer for numerous publications including Autism Parenting Magazine and Scary Mommy
- Marathoner, triathlete and ultra-marathoner

# TESTIMONIALS



Stacy is the 'Real Deal' ... she communicates and connects with people in an honest, inspiring way that leaves you a better person just by hearing her! Thank You Beautiful Stacy for all of your BadA\$\$-ery! You're Amazing!

***Michele W.***



Stacy is one of those amazing speakers that you could never get sick of hearing. Having heard her speak dozens of times, it doesn't get old, she always changes it up just a but. I still get teary eyed hearing particular stories.

***Harmony N.***



Her words are vulnerable, powerful, electric, and raw. She will have you laughing and crying all in a matter of minutes. The way Stacy connects to her audience quickly is a testament to her honesty that everyone can relate to.

***Jen S.***



Stacy connects to her audience using genuine, raw emotion. She shares her life's journey in a humorous, yet heartfelt manner. Stacy motivates and inspires her audience, while keeping them engaged and entertained.

***Shelly B.***

# PAST ENGAGEMENTS & CLIENTS



BOYS & GIRLS CLUB



**WELLS  
FARGO**



**NASPA**  
Student Affairs Administrators  
in Higher Education



Women's Council of  
**REALTORS**

THANK YOU

**Stacy Bernal**



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