

Stacy Bernal is a speaker, author, and personal development coach at See Stacy Speak LLC. She graduated Summa Cum Laude from Weber State University with a BA in Public Relations and Advertising and was named the 2013 Outstanding Graduate for her major. She proudly serves on the WSU Alumni Association Board of Directors. She is the founder of Awesome Autistic Ogden, an autism appreciation event turned community resource, as well as a 501(c)(3) nonprofit, Bernal Badassery Foundation.

Stacy has been featured on Thrive Global, Chicago Now, Scary Mommy, Autism Parenting Magazine, ideamensch and HER Magazine. She recently published her first book, *The Things We Don't Talk About: A Memoir of Hardships, Healing, and Hope*. From once-a-bartender to now-a-board-member, she feels purposeful about sharing her message of triumph, inspiration, and empowerment.

Stacy lives happily with her family and fur babies near the mountains, where she enjoys all the amazing outdoor recreation Ogden, UT has to offer like mountain biking, running marathons, triathlons, relay races, and ultra-marathons. She loves to travel and looks forward to many great adventures all over the world.