

Stacy Bernal is a change instigator, TEDx speaker, author, and coach at See Stacy Speak LLC. She graduated Summa Cum Laude from Weber State University with a BA in Public Relations and Advertising and was named the 2013 Outstanding Graduate for her major. She proudly serves on the WSU Alumni Association Board of Directors and Ogden City Diversity Commission. She is the founder of Awesome Autistic Ogden, an autism appreciation event turned community resource, as well as a 501(c)(3) nonprofit, Bernal Badassery Foundation.

Stacy is passionate about empowering individuals and organizations to live their biggest and most badass lives. She's an outspoken advocate for diversity, equity, inclusion and representation and she's known to challenge the status quo on occasion. From once-a-bartender to now-a-board-member, she feels purposeful about sharing her message of triumph, inspiration, and overcoming odds. She has been featured on HuffPost, Thrive Global, Chicago Now, Scary Mommy, Autism Parenting Magazine, ideamensch and HER Magazine. She recently published her first book, *The Things We Don't Talk About: A Memoir of Hardships, Healing, and Hope* and she's a contributing author to *Own the Microphone*.

Stacy lives happily with her family and fur babies near the mountains, where she enjoys all the amazing outdoor recreation Ogden, UT has to offer like mountain biking, running marathons, triathlons, relay races, and ultra-marathons. She loves to travel and looks forward to many great adventures all over the world.